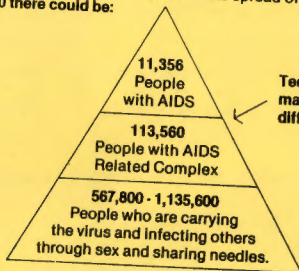


AIDS can be prevented

In Newark the number of people with AIDS will double every 10 months unless we prevent the spread of the virus. In 1990 there could be:



Teens can
make a
difference

Note:

For every person with AIDS, there are an estimated 10 people with ARC and 50-100 carriers who can infect others.

Tell your friends:

You can't know the odds of infection if you have sex or share a needle & you can't tell who has the virus. AIDS KILLS.

They said it couldn't be done. Years ago people thought alcohol and drug abuse among young people would continue to increase. Wrong. Teens are making more informed decisions and teens are "saying no" to drugs and AIDS.

Project Caring

22 Halleck Street
Newark, New Jersey 07104

(201) 242-6533

THIS PAMPHLET WILL NOT GIVE YOU AIDS

Don't Let A Perfect Stranger Love You To Death.

A Single Contact May Be Sufficient For Infection To Occur! Know Your Partner!

PROJECT CARING

22 Halleck Street
Newark, New Jersey 07104
(201) 242-6533

Reverend Dr. David Lee
Executive Director

A Working Together For The Needy
Foundation, Inc. entity.

But you can get infected by:

- Letting someone's **blood** or **semen** get inside your body
- Sharing **needles** to inject (shoot) drugs

About **50,000 people** in **NEWARK** infected with HIV — the virus that may cause AIDS — **AND THEY DON'T KNOW IT.** They have **NO SYMPTOMS** and are passing the virus to others through needle sharing and sex; and to babies at birth. Nationwide, 1.5 million may be infected.

(Just because you are infected, DOES NOT mean you have AIDS, but it is the 1st step to get AIDS)





You increase your risk of AIDS* by:

- Abusing your immune system with **alcohol**, **marijuana**, **narcotics**, **speed**, **nitrites** (poppers) or **other drugs**.
- Getting under **stress**, **sick**, **tired**, or **pregnant** (this affects your immune system)
- Getting infected again and again through **sex** or **sharing needles**

*AIDS is Acquired Immune Deficiency Syndrome which destroys the body's immune system. About 800 people in Illinois have been diagnosed with AIDS, and an estimated 8,000 have ARC — a condition similar to AIDS.

AIDS KILLS.

You won't get AIDS from casual contact:

Eating in a public place 	Bear Hugging 	Using a public toilet 	Using a public phone or pool 
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If you don't want AIDS:

- **"Say no"** to drugs (don't hurt your immune system or your ability to make decisions)
- **"Say no"** to sex (don't let anyone's blood or semen get inside your body)

Girls can get AIDS from Guys & Guys can get AIDS from Girls

If you want to help others, tell them:

- Shooting drugs — even once — can cause AIDS. Flushing the needle/syringe twice in chlorine bleach, then twice in water kills the virus, BUT continued drug use still hurts the immune system. The answer is **STOP** using drugs.
- Having sex can cause AIDS, because the virus is spread when blood or semen enters the mouth, rectum, penis or vagina. The highest risk comes from having many sex partners. Condoms (rubbers) help reduce the risk, BUT the safest answer is to **"Say no."**

CALL (201) 242-6533
for confidential information

or
visit your local health department or talk to your
school nurse.